



## CARE FOR AREAS TREATED WITH LIQUID NITROGEN

1. As previously explained to you, the lesion/growth has been frozen with liquid nitrogen (cryotherapy.) Your prime objective is to keep the treated area clean and dry until it has healed
2. It is not unusual to develop a blister at the treated site. You may apply a cool damp compress to the area for up to 5 minutes, 3 to 5 times the day of the treatment and the next day. Cool compress will help decrease blistering and swelling. **You may also take Tylenol to alleviate discomfort.**
3. Wash the area with warm soapy water, rinse and pat dry. Do this once to twice daily. If a blister occurs you may apply **Aquaphor, Vaseline or Mupirocin ointment**. You may cover with a bandage if the blister weeps.
4. After 2 to 3 days discontinue care of the area and allow area to dry. The area treated should dry up and fall/peel off after approximately 2 weeks.
5. If you feel the area is becoming infected, please contact the office.

**Revised 08/08/2020**