



## Mohs Pre-op Information

- Please plan to be at the office for approximately 4 hours.
- You will be awake for the procedure and anesthetized locally
- Please bring a book/iPad/phone/magazine
- You can bring a friend to sit with you while the specimen is being processed. Your friend will be asked to wait in the waiting room while your procedure is being performed
- Please arrange for transportation if your surgery is in a location that will limit your ability to drive
- Be sure to eat your breakfast
- Be sure to take your morning medications
- Bring snacks with you in the event you are here for an extended period of time
- Dress comfortably
- Please know that you will need to return to the office in approximately 1-2 weeks to have your stitches removed

A phone consult has already been completed and we have updated your medical history.

- If you normally take antibiotics prior to dental procedures, you will need to take them prior to this procedure. Let us know if you need a prescription.
- If you take aspirin prophylactically, please hold for 7 days before your surgery and 3 days after. If you take for cardiac reasons, continue to take it.
- If you take blood thinning supplements; ie: garlic, fish oil, etc, please hold for one week prior to surgery
- Please avoid alcohol for 3 days before your surgery and 3 days after

**All other medications should be taken regularly, especially blood pressure medication**

Site specific information

If you are having surgery on/around:

- Eyes – it will swell, it may even swell shut



- Forehead – it will bruise, bruising and swelling may accumulate under the eye starting the next day
- Lower legs – you will need compression stockings (10-15mm mercury knee high) start a few days before surgery and will need to wear for 2 weeks after.
- Scalp – we will need to trim hairs to be able to see and suture
- Exercise restrictions – no heavy lifting (over 10 lbs) or exercise for 1-2 weeks depending on site